

**Race Awards for
2019 KD Shamrock 'N' Run 5K 2/16/2019 Road Race**

Run

Awd Winner	XAge	Bib	Hometown	PI	Time
Overall Female					
1. Sarah Burstein	F19	80	Chapel Hill NC	5	18:40.98
2. Emma Astrike-Davis	F23	777		9	19:05.79
3. Emmie Costen	F22	122	Chapel Hill NC	17	19:59.36
Overall Male					
1. Neil Rogers	M19	496	Asheville NC	1	17:19.08
2. Hank Snyder	M19	577	Chapel Hill NC	2	17:32.59
3. Paul Ryland	M27	525	Carrboro NC	3	17:57.71
55 and Above Female					
1. Leslie Knapp	F58	354	Hickory NC	129	29:15.80
2. Laurie Brown	F56	73		131	29:17.81
3. Loretta Hintze	F55	298	Charlotte NC	195	36:39.28
55 and Above Male					
1. Ted LaMay	M58	720	Chapel Hill NC	33	22:08.15
2. Joe Carroll	M58	91	Greensboro NC	59	24:09.63
3. John Sessions	M55	546	Winston-Salem NC	62	24:21.68
15 and under Female					
1. Anna Ivanisevic	F13	314	Chapel Hill NC	23	21:03.52
2. Lisbeth Hauser	F11	267	Durham NC	69	24:43.55
3. Molly Hunter	F15	712	Chapel Hill NC	110	27:55.60
15 and under Male					
1. Rushabh Shah	M12	548	Raleigh NC	42	23:06.85
2. Evan Astrike-Davis	M13	778		54	23:50.96
3. Avett Amero	M7	747	Mebane NC	137	29:31.77
16-24 Female					
1. Bridgette Sullivan	F20	603	Cary NC	18	20:13.75
2. Faith Roy	F18	513	Hope Mills NC	25	21:27.96
3. Katie O'Brien	F19	446	Vienna VA	30	21:52.99
16-24 Male					
1. Samuel Goldstein	M20	236	Asheville NC	4	18:03.65
2. Jonathan Dupr -	M23	176	Carrboro NC	6	18:42.62
3. Joshua Englebert	M22	192		7	19:00.19

25-39 Female

1. Caroline Leland	F25	372	Carrboro NC	41	23:03.13
2. Jane Panhorst	F36	458	CARY NC	116	28:27.58
3. Anna Davis	F28	145	Chapel Hill NC	117	28:32.45

25-39 Male

1. Rob Vezina	M27	642	Durham NC	24	21:04.79
2. Nicholas Strzeletz	M27	601	Durham NC	52	23:43.41
3. Quintin Cruz	M29	138	GRAHAM NC	76	25:03.47

40-54 Female

1. Sarah Ruff	F40	517	Chapel Hill NC	38	22:48.89
2. Susan Karnatz	F45	337	Raleigh NC	39	22:56.86
3. Sara Mizelle	F50	411	CARY NC	63	24:23.54

40-54 Male

1. Darren Umstead	M45	632	Apex NC	34	22:20.38
2. Matt Holtry	M40	768	Chapel Hill NC	48	23:20.07
3. brian kennedy	M42	343	Chapel Hill NC	49	23:23.46