

# Capital City Classic 2013 5/11/2013 Road Race

Overall	Name	City State	Age Group	Time
1	Baker, Brock	M26 Chapel Hill NC	M25-29	30:55.52
2	Roberts, Sandy	M25 RALEIGH NC	M25-29	31:12.76
3	Jeuland, Marc	M34 Chapel Hill NC	M30-34	33:06.01
4	Springer, Paul	M24 Cary NC	M20-24	33:43.78
5	Heilig, Andrej	M36 Raleigh NC	M35-39	34:24.01
6	dedonto, jason	M27 Morrisville NC	M25-29	35:32.27
7	Pearl, Stephanie	F25 Durham NC	F25-29	35:58.77
8	Cronley, Ginny	F23 Greensboro NC	F20-24	36:31.27
9	Bullock, Caitlin	F27 Charlotte NC	F25-29	36:49.26
10	Hinton, John	m51 Chapel Hill NC	M50-54	37:00.78
11	Pake, Tyler	M30 Beaufort NC	M30-34	37:15.54
12	Bretscher, Heidi	F26 DURHAM NC	F25-29	37:40.51
13	Justice, Choo	M50 Greenville NC	M50-54	37:50.52
14	kornachuk, tana	F33 Carthage NC	F30-34	37:56.53
15	hintz, cassie	F25 RALEIGH NC	F25-29	38:11.76
16	Woods, Jennifer	F36 Chapel Hill NC	F35-39	38:23.04
17	Nickodem, Kevin	M56 Chapel Hill NC	M55-59	38:31.51
18	Sellers, Kristin	F24 Carrboro, NC	F20-24	38:59.27
19	Miller, David	M29 Durham NC	M25-29	39:04.26
20	Wilhelm, Gary	M37 Morrisville NC	M35-39	39:13.52
21	Slade, Gary	M53 Chapel Hill NC	M50-54	39:15.27
22	Andrews, Richard	M30 Chapel Hill NC	M30-34	39:16.01
23	Krasich, Rachel	F27 DURHAM NC	F25-29	39:17.27
24	Beckwith, Trevor	M28 RALEIGH NC	M25-29	39:44.03
25	Bigelow, Allie	F39 Durham NC	F35-39	39:52.75
26	Pasamonte Calavera, Pe	M36	M35-39	40:37.96
27	Ryan, Deb	F46 Southern Pines NC	F45-49	42:52.21
28	Moss, Ellen	F32 Durham NC	F30-34	43:36.96
29	Dodson, Ethan	M30 RALEIGH NC	M30-34	43:39.97
30	Morrow, Charles	M60 Bethesda MD	M60-99	43:45.48
31	Marum, Matt	M30 CARY NC	M30-34	43:58.21
32	timpe, neal	M29	M25-29	44:03.96
33	Johnson, Joshua	M24 Raleigh NC	M20-24	44:14.22
34	Walker, William	M64 Winston-Salem NC	M60-99	44:23.71
35	howe, george	M57 RALEIGH NC	M55-59	44:30.98
36	Heuser, Susan	F33 Cary NC	F30-34	44:36.47
37	balen, austin	M16 Durham NC	M16-19	44:43.22
38	Dribus, John	M35 WAKE FOREST NC	M35-39	44:54.46
39	roberts , clayton	M37 Raleigh NC	M35-39	45:01.22
40	Jones, Mark	M47 RALEIGH NC	M45-49	45:07.97
41	Curtin, Jennifer	F45 Raleigh NC	F45-49	45:26.21

42	Robinson, Julie	F21	Cary NC	F20-24	45:35.22
43	Certain, Kim	f45	Chapel Hill NC	F45-49	45:38.22
44	angelini, anthony	M39	Raleigh NC	M35-39	45:41.71
45	Fletcher, Adam	M41	Raleigh NC	M40-44	45:47.96
46	Muscara, Bobby	M30	Lumberton NC	M30-34	46:08.47
47	Bailey, Phillip	M60	Raleigh NC	M60-99	46:20.46
48	beck, tim	m56	Fuquay-Varina NC	M55-59	46:41.21
49	Hunter, Jon	M51	Durham NC	M50-54	46:51.98
50	Solomon, tracy	M44	Knightdale NC	M40-44	46:58.47
51	austin, roger	M32	Raleigh NC	M30-34	46:59.97
52	Johnson, Leah	F34	Durham NC	F30-34	47:20.46
53	Unger, William	M50	Butner NC	M50-54	47:23.22
54	Sivakumar, Harsha	M29	CARY NC	M25-29	47:39.72
55	Holland, Amanda	F22	Clemson SC	F20-24	47:50.21
56	Otranto, Theresa	F26	Raleigh NC	F25-29	48:08.47
57	Warren, Justin	M27	Kannapolis NC	M25-29	48:10.97
58	Bader, Matthew	M30	DURHAM NC	M30-34	48:17.71
59	Custer, Scott	M28	Morrisville NC	M25-29	48:24.97
60	oehmke, joe	M25	DURHAM NC	M25-29	48:33.98
61	Benson, Bailey	F24	Chapel Hill NC	F20-24	48:49.71
62	Lantzy, Cole	M34	Raleigh NC	M30-34	48:59.96
63	Wilson, Phil	M59	Cary NC	M55-59	49:14.46
64	Hill, Brian	M33	Raleigh NC	M30-34	49:34.30
65	Nelson, Tamara	F37	Cameron NC	F35-39	49:53.49
66	Oliveira Garcia, Didac	M30		M30-34	50:36.96
67	Barnett, Rusty	M35	Durham NC	M35-39	50:49.49
68	Kratky, John	M43	Raleigh NC	M40-44	51:03.46
69	Medlin, Daniel	M26	Raleigh NC	M25-29	51:06.46
70	podraza, rich	M30	Raleigh NC	M30-34	51:10.73
71	Doss, Ryan	M30	Raleigh NC	M30-34	51:10.98
72	Christian, Holly	F62	Chapel Hill NC	F60-99	51:16.21
73	Britt, Kyle	M21	WAKE FOREST NC	M20-24	51:18.96
74	solomon, brian	M33	Charlotte NC	M30-34	51:21.71
75	Gottfried, Justin	M14	Raleigh NC	M0-15	51:57.47
76	Miller, Lindsey	F26	Durham NC	F25-29	51:58.73
77	Hlad, Kevin	M35	Greensboro NC	M35-39	52:17.97
78	Southerland, Anthony	M64	Clayton NC	M60-99	52:24.72
79	luo, jason	M42	Apex NC	M40-44	52:29.22
80	kirby, eric	M43	Boulder CO	M40-44	52:29.72
81	Emrich, Meg	F37	RALEIGH NC	F35-39	52:31.46
82	Cline, Genno	F40	Raleigh NC	F40-44	52:34.22
83	Waltz, Tobi	F40	Apex NC	F40-44	52:41.46
84	Ziller, Lucas	M25	Hope Mills NC	M25-29	52:56.48
85	McSweeney, W.	M54	Jacksonville FL	M50-54	53:27.72

86	McCarrick, Chris	M48	Alexandria VA	M45-49	53:34.23
87	McLamb, Justin	M30	Goldsboro NC	M30-34	53:56.48
88	Anderson, Jennifer	F36	RALEIGH NC	F35-39	54:17.71
89	Rittershaus, Katharine	F35	Raleigh NC	F35-39	54:19.22
90	Brown, Candace	F47	Raleigh NC	F45-49	54:28.24
91	Abramson, Kyle	M40	Cary NC	M40-44	54:46.72
92	Turner, Lindsay	F21	Cary NC	F20-24	54:47.96
93	Cannon, Laura	F26	Chapel Hill NC	F25-29	54:50.96
94	Winegarden, Joe	M33	Raleigh NC	M30-34	54:51.96
95	Jarvis, Matt	M24	Winchester VA	M20-24	54:51.97
96	Childress, Lauren	F24	WAKE FOREST NC	F20-24	54:52.72
97	Granger, Lauren	F30	Holly Springs NC	F30-34	54:55.71
98	Nash, Kevin	M28	Severna Park MD	M25-29	55:11.96
99	Adkins, Rodney	M41	PIKEVILLE NC	M40-44	55:16.96
100	McKendrick, Amanda	F26	Carrboro NC	F25-29	55:32.96
101	Sayles, Stu	M51	Wendell NC	M50-54	55:37.46
102	heng, kimleng	M24	philadelphia PA	M20-24	55:49.72
103	Liles, Kelly	F31	Raleigh NC	F30-34	55:57.74
104	Stiegler, James	M35	Raleigh NC	M35-39	56:07.73
105	Spyker, Andrew	M39	Raleigh NC	M35-39	56:22.04
106	Matala, Kristy	F31	Raleigh, NC	F30-34	56:23.31
107	Celestini, Stephen	M49	Raleigh NC	M45-49	56:30.54
108	Meredith, Nancy	F49	WAKE FOREST NC	F45-49	56:42.55
109	gwyn, amber	F17	Sanford NC	F16-19	57:08.54
110	Morris, Alexis	F30	Greensboro NC	F30-34	57:09.30
111	grande, anthony	M42	Apex NC	M40-44	57:14.78
112	cottle, cindy	F40	Raleigh NC	F40-44	57:24.32
113	Hussey, Gwen	F29	Raleigh NC	F25-29	57:30.03
114	Riley, Rebecca	F28	Durham NC	F25-29	57:42.30
115	nash, stephanie	F28	Baltimore MD	F25-29	57:47.31
116	Stangle, Nicole	F31	Cameron NC	F30-34	57:50.04
117	Baldini, Art	M44	RALEIGH NC	M40-44	57:59.31
118	Mainor, William	M46	Garner NC	M45-49	58:14.30
119	Gonzalez, Judy	F46	Raleigh NC	F45-49	58:19.32
120	Blacker, Nancy	F54	Sanford NC	F50-54	58:23.30
121	Deleruyelle, Greg	M39	Raleigh NC	M35-39	58:35.78
122	Posgai, Mandy	F34	WAKE FOREST NC	F30-34	58:36.29
123	Mumpower, Matt	M29	RALEIGH NC	M25-29	58:51.53
124	Westerberg, Deborah	F48	Raleigh NC	F45-49	58:53.56
125	Hummer, Madeleine	F26	Raleigh NC	F25-29	58:54.04
126	Howell, Rebecca	F25	Raleigh NC	F25-29	58:54.29
127	Yonkers, Kristin	F29	Cary NC	F25-29	58:58.78
128	Morales, Roberto	M58	Cary NC	M55-59	59:11.55
129	Harthorn, Shelly	F40	Cameron NC	F40-44	59:18.04

130	Lee Pow, Crystal	F25	Raleigh NC	F25-29	59:23.80
131	Wright, Gena	F44	Knightdale NC	F40-44	59:24.78
132	mori, shinichi	m24		M20-24	59:29.80
133	Lincoln, Kelsey	F24	Raleigh NC	F20-24	59:31.79
134	bullock, jennifer	F40	Durham NC	F40-44	01:00:04.54
135	Robinson, Julie	F37	Danville VA	F35-39	01:00:44.31
136	McSweeney, Jane	F53	Jacksonville FL	F50-54	01:00:46.29
137	Ambrose, Julia	F44	Cary NC	F40-44	01:00:56.54
138	Mainor, Ann	F48	Garner NC	F45-49	01:00:57.79
139	chebahtah, joseph	M45	laurinburg NC	M45-49	01:01:02.53
140	Swanbrow Becker, Lily	F29	Fleetwood NC	F25-29	01:01:04.03
141	Swanbrow Becker, Marti	M44	Fleetwood NC	M40-44	01:01:04.29
142	Goodman, Cassie	F28	WAKE FOREST NC	F25-29	01:01:08.05
143	Bevilacqua, Ariana	F22	Carrboro NC	F20-24	01:01:09.79
144	vasseur, melanie	F39		F35-39	01:01:14.55
145	DePeal, Thomas	M45	Durham NC	M45-49	01:01:27.06
146	Young, Russell	M43	Willow Spring NC	M40-44	01:01:28.54
147	Bowman, Lewis	M40	Raleigh NC	M40-44	01:01:34.79
148	Kujak, Kate	F35	Raleigh NC	F35-39	01:01:52.80
149	nance, veronica	F37	Sanford NC	F35-39	01:02:00.29
150	Dunston, Laura	F46	WAKE FOREST NC	F45-49	01:02:05.05
151	Macaulay, Liz	F44	Raleigh NC	F40-44	01:02:10.06
152	Macaulay, Alastair	M44	Raleigh NC	M40-44	01:02:10.53
153	Yeung, Shin-Yiing	F34	Pittsboro NC	F30-34	01:02:15.81
154	Little, Sara Katherine	F42	Raleigh NC	F40-44	01:02:32.05
155	Price, Nicole	F41	Smithfield NC	F40-44	01:02:36.55
156	Bachiochi, Elizabeth	F34	WAKE FOREST NC	F30-34	01:02:39.81
157	Baker, Kyle	M26	Raleigh NC	M25-29	01:03:06.03
158	Joseph, Shannon	F43	Raleigh NC	F40-44	01:03:06.30
159	Liles, Sara	F34	Raleigh NC	F30-34	01:03:21.78
160	Forehand, Lisa	F38	Durham NC	F35-39	01:03:34.55
161	Magana, Raymond	M34	Raleigh NC	M30-34	01:03:54.78
162	Liberto, Valerie	F29	Raleigh NC	F25-29	01:04:05.04
163	Miller, Linda	F25	Raleigh NC	F25-29	01:04:06.31
164	Walmsley, James	M28	Raleigh NC	M25-29	01:04:06.55
165	Stafford, Kristen	F36	Cary NC	F35-39	01:04:27.80
166	Bradley, Jessica	F22	Raleigh NC	F20-24	01:04:30.53
167	Kratky, Susan	F43	Raleigh NC	F40-44	01:04:31.80
168	Adams, Sarah	F32	Cary NC	F30-34	01:04:40.04
169	Cherry, Diane	F45	RALEIGH NC	F45-49	01:04:52.31
170	austin, hony	F34	Raleigh NC	F30-34	01:04:56.54
171	Hall, Thomas	M46	Apex NC	M45-49	01:05:01.30
172	Stutzman, Dana	F31	Durham NC	F30-34	01:05:06.05
173	Greiner, Tammy	F35	Clayton NC	F35-39	01:05:18.04

174	Pagan, Ines	F49	CARY NC	F45-49	01:05:30.03
175	Wohlrab, Lisa	F31	Raleigh NC	F30-34	01:05:44.03
176	Mathis, Suemmy	F39	Durham NC	F35-39	01:05:54.53
177	Blakistone, Tricia	F36	Raleigh NC	F35-39	01:05:59.28
178	Dotterman, Tracy	F37	Cary NC	F35-39	01:06:04.53
179	Lunsford, Kaylee	F24	RALEIGH NC	F20-24	01:06:21.28
180	stross, anthony	M30		M30-34	01:06:26.06
181	Grove, Anneli	F41	Winston-Salem NC	F40-44	01:06:40.78
182	Robbins, Erin	F28	Raleigh NC	F25-29	01:06:46.79
183	Sylvia IV, John	M30	Raleigh NC	M30-34	01:06:46.79
184	Bailey, Iris	F29	Spring Lake NC	F25-29	01:06:49.30
185	bailey, john	M32	Spring Lake NC	M30-34	01:06:50.04
186	Bradley, Michelle	F36	Raleigh NC	F35-39	01:07:46.79
187	ibrahim, kelly	F38	Raleigh NC	F35-39	01:07:49.56
188	Stiegler, Marjorie	F36	Raleigh NC	F35-39	01:08:16.30
189	wolfe, nevada	F39	Raleigh NC	F35-39	01:08:47.32
190	Yeung, Yeuli	F40	Pittsboro NC	F40-44	01:08:47.58
191	Kim, Rachel	F17	Raleigh NC	F16-19	01:08:51.78
192	Rittershaus, Ahren	M34	Raleigh NC	M30-34	01:09:04.30
193	Latour, Rachael	F33	Raleigh NC	F30-34	01:09:08.78
194	Fish, Kristin	F37	Youngsville NC	F35-39	01:09:10.82
195	Rasdorf, Emily	F27	Raleigh NC	F25-29	01:09:11.28
196	Clements, Linda	F56	Raleigh NC	F55-59	01:09:11.78
197	Posgai, Robert	M37	WAKE FOREST NC	M35-39	01:09:12.31
198	McLamb, Tara	F32	Goldsboro NC	F30-34	01:09:12.55
199	DuVal, Amber	F32	Clayton NC	F30-34	01:09:13.04
200	Pearson, Brandon	M28	RALEIGH NC	M25-29	01:09:24.53
201	Duncan, Diana	F42	Cary NC	F40-44	01:09:47.05
202	Little, James	M44	Cary NC	M40-44	01:09:48.33
203	jones, jennifer	F37	Holly Springs NC	F35-39	01:09:55.56
204	Pfaffenberger, Tod	M23	Raleigh NC	M20-24	01:10:24.04
205	Bailey, Amy	F37	Raleigh NC	F35-39	01:10:46.05
206	Cavalier, Corey	M36	Raleigh NC	M35-39	01:11:28.30
207	Gieger, Tracy	F40	Baton Rouge LA	F40-44	01:11:33.80
208	Capps, Lauren	F28	Raleigh NC	F25-29	01:11:53.29
209	Aves, Alexandra	F31	Raleigh, NC	F30-34	01:11:55.80
210	Garner, Jessica	F32	Fuquay-Varina NC	F30-34	01:12:05.29
211	Gillett, Victoria	F43	Winston Salem NC	F40-44	01:12:11.53
212	Morris, Holt	F46	Winston Salem NC	F45-49	01:12:12.78
213	McCutcheon, Kathie	F40	Garner NC	F40-44	01:12:55.04
214	Samuels, Roslyn	F39	Knightdale NC	F35-39	01:12:57.05
215	Sellers, Lisa	F38	Apex NC	F35-39	01:13:05.54

216	Fatheree, Jake	M19	Chapel Hill NC	M16-19	01:13:12.78
217	Park Boush, Lisa	F47	Arlington VA	F45-49	01:13:13.28
218	Plott, Michael	M32	Raleigh NC	M30-34	01:13:20.30
219	Harper, Wendy	F45	Youngsville NC	F45-49	01:13:23.08
220	Bartruff, Gregg	M49	Apex NC	M45-49	01:13:23.54
221	Warren, Lauren	F27	Raleigh NC	F25-29	01:13:28.06
222	Sikorski, Juanita	F28	Morrisville NC	F25-29	01:13:52.03
223	Padgett, Suzanne	F38	Garner NC	F35-39	01:14:04.79
224	Zellner, Alissa	F31	Raleigh NC	F30-34	01:14:13.29
225	DePeal, Lesa	F44	Durham NC	F40-44	01:14:52.78
226	Barnes, Amy	F30	Raleigh NC	F30-34	01:15:15.54
227	Griffin, Ricky	M47	Knightdale NC	M45-49	01:15:16.03
228	Cartwright, Amanda	F35	Knightdale NC	F35-39	01:15:34.55
229	peck, sarah	F33	Raleigh NC	F30-34	01:15:34.78
230	Murphy, John	M61	Sanford NC	M60-99	01:17:05.79
231	Shattuck, Katherine	F30	Raleigh NC	F30-34	01:17:40.53
232	Fish, Jamie	M37	Youngsville NC	M35-39	01:17:48.81
233	Skrobe, Nicholas	M28	Raleigh NC	M25-29	01:20:26.29
234	Lightburn, Sharde	F26	Raleigh NC	F25-29	01:20:36.04
235	Hill, Melissa	F24	Kannapolis NC	F20-24	01:21:01.53
236	Weaver, Jill	F41	RALEIGH NC	F40-44	01:21:24.29
237	Patton, Stephanie	F38	Raleigh NC	F35-39	01:21:24.55
238	dunston, joe	M47	WAKE FOREST NC	M45-49	01:24:56.29
239	Bartruff, Jill	F49	Apex NC	F45-49	01:25:05.79
240	Rhoades, Crystal	F49	Raleigh NC	F45-49	01:25:45.05
241	gboleeweefaa, natasha	F32		F30-34	01:25:45.05
242	Laycock, Denise	F52	Raleigh NC	F50-54	01:26:30.04
243	Wallace, David	M70	Raleigh NC	M60-99	01:26:30.79