

# Carrboro 10K Road Race, records as of 2015

Category	Name	Age	Time	Year
<i>Overall Male</i>	Misoi, George	20	30:14	2005
<i>Overall Female</i>	Langan, Michelle	31	35:30.66	2014
<i>Masters Male</i>	Hinton, John	43	32:49	2005
<i>Masters Female</i>	Nesbit-Mabe, Joan	44	38:23	2006
<i>1-9 Male</i>	Hawley, Benjamin	8	48:11.5	2011
<i>1-9 Female</i>	Dekker, Eliza	9	45:21	2006
<i>10-14 Male</i>	Dunson, Samuel	11	41:32	2007
<i>10-14 Female</i>	Dekker, Eliza	10	41:07	2007
<i>15-19 Male</i>	Largen, Steven	18	34:27	2003
<i>15-19 Female</i>	Lee, Katelyn	19	41:24	2010
<i>20-24 Male</i>	Misoi, George	20	30:14	2005
<i>20-24 Female</i>	Beckert, Kristen	21	39:59	2003
<i>25-29 Male</i>	Kovacs, James	25	30:35	2008
<i>25-29 Female</i>	Marshall, Becki	25	35:59	2005
<i>30-34 Male</i>	Jones, Paul	30	32:54	2005
<i>30-34 Female</i>	Langan, Michelle	31	35:30.66	2014
<i>35-39 Male</i>	Rono, Elly	35	30:20	2005
<i>35-39 Female</i>	Hass, Emily	37	39:01	2003
<i>40-44 Male</i>	Hinton, John	43	32:49	2005
<i>40-44 Female</i>	Young, Lorraine	40	36:57.91	2014
<i>45-49 Male</i>	Hinton, John	45	35:16	2007

<i>45-49 Female</i>	Nesbit-Mabe, Joan	45	38:56	2007
<i>50-54 Male</i>	Couper, David	51	36:29	2005
<i>50-54 Female</i>	Lebo, Dana	50	46:14	2010
<i>55-59 Male</i>	Couper, David	55	38:30	2009
<i>55-59 Female</i>	Wides, Catherine	56	42:56	2005
<i>60-64 Male</i>	Moss, Gary	61	41:04	2011
<i>60-64 Female</i>	Gardner, Joanne	60	48:53	2015
<i>65-69 Male</i>	Hamlin, Maxwell	65	42:21	2006
<i>65-69 Female</i>	Roggenbuck, Sharon	66	57:37	2005
<i>70-74 Male</i>	Clark, Wade	70	46:23	2015
<i>70-74 Female</i>	Roggenbuck, Sharon	72	1:05:06	2011
<i>75 and Above Male</i>	Surh, Jerry	76	1:01	2015
<i>75 and Above Female</i>	Roggenbuck, Sharon	76	1:19	2015