

**Results Report - Results By Ten Year Groups**  
**The Time is Now - MLK Day 5K 1/16/2017 Road Race**

Place	Bib Name	XAg Hometown	Age Pl	Pace	Time
<b>Run</b>				<b>Total: 115</b>	<b>100.00%</b>
<b>F</b>					
<b>0 to 9</b>					
85	161 Kamath, Anusha	F9 Raleigh NC	9 of 10	12:16	38:00.45
<b>10 to 19</b>					
24	160 Kamath, Alisha	F14 Raleigh NC	1 of 10	08:13	25:29.71
25	201 Schaefer, Sophie	F13 Raleigh NC	2 of 10	08:14	25:29.96
34	207 Summerlin-Long, Chenoah	F12 Chapel Hill NC	3 of 10	09:06	28:14.01
45	214 Teske, Kathryn	F10 Carrboro NC	4 of 10	09:34	29:38.20
46	213 Teske, Alison	F13 Carrboro NC	5 of 10	09:34	29:38.21
48	113 Bowers, Brigitta	F18 Sanford NC	6 of 10	09:35	29:41.21
67	108 Bentley, Arden	F19 Chapel Hill NC	7 of 10	10:34	32:45.21
69	212 Terrill, Elise	F18 Huntersville NC	8 of 10	10:42	33:09.70
92	237 Zellonis, Irene	F18	10 of 10	13:48	42:46.22
<b>20 to 29</b>					
7	144 Griffin, Kagan	F23 Concord NC	1 of 42	07:00	21:42.70
9	228 Young, Jessica	F27 Chapel Hill NC	2 of 42	07:05	21:57.46
23	200 Salas, Carla	F24 Reidsville NC	3 of 42	08:10	25:18.95
26	234 Lugten, Jennie	F20	4 of 42	08:18	25:43.96
27	224 Wilson, Heather	F23 Durham NC	5 of 42	08:21	25:52.46
29	209 Sweeney, Katie	F28 Durham NC	6 of 42	08:34	26:32.45
32	236 Menjivar, Nidia	F26	7 of 42	08:55	27:37.45
33	170 Latham, Jordan	F22 Winston Salem NC	8 of 42	09:00	27:55.45
37	167 Kriho, Keely	F21 Carrboro NC	9 of 42	09:12	28:30.20
41	159 Kamai, Elizabeth	F26 Carrboro NC	10 of 42	09:21	28:59.71
43	124 Chunyu, Bingdi	F22 Chapel Hill NC	11 of 42	09:27	29:18.21
49	203 Scott, Natalie	F21 Reidsville NC	12 of 42	09:36	29:44.95
53	103 Archambault, Hali	F22 Wilmington NC	13 of 42	09:50	30:27.46
55	111 Biggers, Simone	F22 Greensboro NC	14 of 42	09:57	30:50.21
57	226 Worsham, Rachel	F23 Reidsville NC	16 of 42	10:03	31:08.70
60	225 Windham, Elizabeth	F24 Holly Springs NC	17 of 42	10:13	31:41.70
62	184 Mills, Jade	F22 Littleton NC	18 of 42	10:18	31:56.95
65	202 Scott, Erin	F22 Reidsville NC	19 of 42	10:25	32:17.95
73	194 Pleasant, Ashley	F25 Raleigh NC	20 of 42	11:06	34:23.20
78	165 Kim, Isabella	F22 Morrisville NC	21 of 42	11:18	35:01.20
79	247 Rodriguez, Biridiana	F26	22 of 42	11:45	36:25.96

Place	Bib Name	XAg Hometown	Age PI	Pace	Time
82	126 Collins, Rachel	F25 Durham NC	23 of 42	11:57	37:02.72
83	157 Johnson, Sloan	F22 Durham NC	24 of 42	12:01	37:15.45
87	148 Hah, Julia	F24 Fayetteville NC	25 of 42	12:47	39:38.70
90	147 Hah, Janet	F22 GRAHAM NC	26 of 42	12:48	39:41.46
91	204 Simpson, Emily	F25 Mt. Airy NC	27 of 42	13:48	42:45.71
93	191 Otto, Katie	F20 Chapel Hill NC	28 of 42	13:48	42:46.46
94	152 Hunt, Elena	F23 Lumberton NC	29 of 42	13:51	42:55.46
95	107 Barnes, Chelsea	F23 Chapel Hill NC	30 of 42	14:01	43:27.95
96	182 McDowell, Amber	F25 Pembroke NC	31 of 42	14:05	43:40.70
101	109 Bernard-Hoverstad, Anna	F28 Carrboro NC	34 of 42	14:25	44:41.22
103	197 Ross, Shannon	F22 Maxton NC	35 of 42	15:34	48:15.46
104	174 Locklear, Leslie	F26 Lumberton NC	36 of 42	15:35	48:19.96
105	112 Blackmon, Rickita	F27 Durham NC	37 of 42	16:45	51:55.98
107	118 Burgess, Laura	F22 Hickory NC	39 of 42	16:51	52:12.70
108	117 Bulls, Phoebe	F26 Reidsville NC	40 of 42	16:51	52:13.45
109	183 Miller, Olivia	F26 Chapel Hill NC	41 of 42	16:52	52:16.45
<b>30 to 39</b>					
52	223 Williams, Emily	F35 Chapel Hill NC	4 of 12	09:44	30:09.95
56	172 Linares, Crystal	F33 Durham NC	15 of 42	10:02	31:07.20
80	153 Irby, Crystal	F36 Durham NC	7 of 12	11:47	36:31.46
98	190 Oretade-Branch, Dierdra	F32 Durham NC	32 of 42	14:13	44:05.21
100	156 Janoch, Megan	F30 Carrboro NC	33 of 42	14:25	44:41.22
106	241 Levy, Melody	F34	38 of 42	16:46	51:59.20
113	205 Simpson, LaShayla	F33 Raleigh NC	42 of 42	17:38	54:38.47
<b>40 to 49</b>					
16	127 Cook, Amy	F49 Chapel Hill NC	1 of 12	07:36	23:34.21
30	121 Chastain, Ann	F47 Marietta GA	2 of 12	08:44	27:05.70
51	206 Sirianni, Suzanne	F46 Rochester NY	3 of 12	09:39	29:55.46
66	232 Smith, Lisa Marie	F44	5 of 12	10:32	32:39.45
71	150 HENDERSON, LAURA	F48 Carrboro NC	6 of 12	10:55	33:49.70
89	233 Cook, Jeni	F42	8 of 12	12:48	39:41.23
99	120 Carter, Nakira	F41 Durham NC	9 of 12	14:13	44:05.70
110	244 Summerlin-Long, Shelley	F41	10 of 12	16:52	52:16.95
114	240 Keith, Yolanda	F40	11 of 12	17:38	54:38.97
115	243 Shields, Tanya	F46	12 of 12	18:04	56:00.96
<b>50 to 59</b>					
8	189 OGrady, Mimi	F51 Carrboro NC	1 of 10	07:02	21:47.20
40	245 Harkins, Heidi	F52	2 of 10	09:21	28:59.47
42	219 Tyson, Karolyn	F52 Durham NC	3 of 10	09:21	29:00.20
47	105 Arnosti, Carol	F55 Carrboro NC	4 of 10	09:34	29:39.45

Place	Bib Name	XAg Hometown	Age PI	Pace	Time
63	138 FURST, SYLVIA	F50 Chapel Hill NC	5 of 10	10:20	32:02.71
64	115 Broome, Lissa	F59 Chapel Hill NC	6 of 10	10:21	32:03.96
97	246 Murphy, Maura	F55	8 of 10	14:09	43:52.70
102	230 McCray, Brenda	F55	9 of 10	14:40	45:27.70
111	145 Griffin, Stacey	F53 Concord NC	10 of 10	17:17	53:35.21
<b>60 to 69</b>					
81	146 Hagan, Jackie	F62 Chapel Hill NC	7 of 10	11:49	36:38.70
<b>M</b>					
<b>10 to 19</b>					
3	119 Butler, Yuuki	M18 Elon NC	1 of 7	06:26	19:56.96
4	238 Patel, Max	M19	2 of 7	06:33	20:16.95
11	151 Herron, Ryan	M19 Chapel Hill NC	3 of 7	07:21	22:48.58
14	110 Beyer, Luke	M19 Chapel Hill NC	4 of 7	07:31	23:17.70
28	179 Matthews, Adam	M19 Chapel Hill NC	5 of 7	08:28	26:13.70
38	211 Taylor, Nathaniel	M12 Chapel Hill NC	6 of 7	09:19	28:52.22
77	166 Kim, Raphael	M18 Morrisville NC	7 of 7	11:18	35:00.95
<b>20 to 29</b>					
1	135 Ferguson, Zachary	M28 Southern Pines NC	1 of 22	05:44	17:47.70
2	235 Ayers, Blake	M20	2 of 22	06:19	19:33.46
10	180 McCoy, Dinesh	M23 Winston Salem NC	4 of 22	07:14	22:25.96
12	239 Grassie, Alasdair	M21	5 of 22	07:24	22:57.71
17	133 Elliott, Thomas	M20 Carrboro NC	6 of 22	07:48	24:11.46
18	185 Murphy, Trey	M25 Carrboro NC	7 of 22	07:50	24:16.95
19	227 Yandle, Tommy	M24 Durham NC	8 of 22	07:50	24:18.45
31	242 Good, Tray	M24	10 of 22	08:45	27:07.46
35	141 Gondalia, Rahul	M28 Durham NC	11 of 22	09:11	28:27.71
36	102 Applegate, Conor	M20 Mooresville NC	12 of 22	09:11	28:28.45
39	164 Kerr, Samuel	M22 Chapel Hill NC	13 of 22	09:20	28:56.95
54	125 Collins, Christopher	M29 Durham NC	14 of 22	09:53	30:36.95
58	131 Dyson, Michael	M26 Durham NC	15 of 22	10:03	31:08.71
61	139 Geisz, Matthew	M24 Holly Springs NC	16 of 22	10:14	31:42.20
68	175 Loop, Matthew	M28 Chapel Hill NC	17 of 22	10:40	33:04.21
70	130 Craig IV, Calvin	M23 Raleigh NC	18 of 22	10:50	33:35.70
72	178 Martin, Parker	M22 WILSON NC	19 of 22	11:04	34:17.45
76	187 Napier, Brandon	M23 winston-salem NC	20 of 22	11:12	34:41.83
88	101 Antoine, David	M26 Durham NC	21 of 22	12:48	39:41.23
112	143 Griffin, Alex	M21 Concord NC	22 of 22	17:17	53:35.46
<b>30 to 39</b>					
5	176 Lynch, Dana	M33	3 of 22	06:47	21:01.46

Place	Bib Name	XAg Hometown	Age Pl	Pace	Time
22	114 Braudt, David	M31 Chapel Hill NC	9 of 22	08:10	25:18.20
<b>40 to 49</b>					
6	173 Liss, Jason	M40 Chapel Hill NC	1 of 8	06:51	21:13.96
13	208 Summerlin-Long, Jeff	M42 Chapel Hill NC	2 of 8	07:29	23:11.20
15	222 Wampole, Mark	M49 Hillsborough NC	3 of 8	07:35	23:31.96
20	169 Laonipon, Don	M41 Durham NC	4 of 8	08:00	24:49.21
21	177 Makor, Manfred	M42 Chapel Hill NC	5 of 8	08:01	24:51.21
44	122 Chatain, Miles	M46 Chapel Hill NC	6 of 8	09:31	29:30.95
50	220 Vogel, Carey	M46 Rochester NY	7 of 8	09:39	29:55.46
86	163 Kauder, Michael	M47 RALEIGH NC	8 of 8	12:44	39:26.96
<b>50 to 59</b>					
74	154 Irby, Tyrone	M51 Durham NC	2 of 4	11:07	34:29.03
84	162 Kamath, Vinod	M52 Raleigh NC	4 of 4	12:15	37:59.73
<b>60 to 69</b>					
59	128 Cooper, Al	M63 Warrenton NC	1 of 4	10:04	31:13.45
75	229 Poole, Richard	M68	3 of 4	11:09	34:33.20

**Total Race: 115**